

## CLAIMS

1. A hanger apparatus comprising:

a helix having an anterior coil and a posterior coil; and

engagement means carried by said helix for receiving and holding a selected object.

2. The hanger apparatus of Claim 1, further including at least one coil intermediate said anterior coil and said posterior coil.

3. The hanger apparatus of Claim 2, wherein said coils have incrementally graduated diameters thereby forming a frusto-conically tapered helix, said posterior coil having a larger diameter than said anterior coil.

4. The hanger apparatus of Claim 1, wherein said

coils are fabricated of a strand of material whereby said helix has a hollow core.

5. The hanger apparatus of Claim 4, wherein said strand of material is resilient.

6. The hanger apparatus of Claim 4, wherein said strand of material is substantially rigid.

7. The hanger apparatus of Claim 1, wherein said engagement means includes a hook depending from said posterior coil.

8. A hanger assembly comprising:

a supporting substrate;

a helix including at least first and second coils  
for receiving said substrate therebetween; and

engagement means carried by one of said coils for  
receiving and supporting a selected object.

9. The hanger assembly of Claim 8, wherein

said substrate including first and second sides,  
and

said first coil being received in juxtaposition  
with said first side of said substrate and said second  
coil being received in juxtaposition with said second  
side of said substrate.

10. The hanger assembly of Claim 9, wherein said  
first and said second coils are mutually biased for

compressively retaining said substrate therebetween.

11. The bracket of Claim 8, wherein said engagement means includes a hook depending from said one of said coils.

12. A hanger assembly comprising:

a hanger apparatus including:

a tapered helix having a plurality of coils,  
including an anterior coil having a first diameter and  
a posterior coil a second diameter, said anterior coil  
being of lesser diameter than the diameter of said  
posterior coil;

engagement means carried by said posterior coil;

a substrate; and

an opening in said substrate for receiving said  
anterior coil therethrough.

13. The hanger assembly of Claim 12, wherein said  
opening has a diameter smaller than the diameter of said  
posterior coil.

14. The hanger assembly of Claim 13, wherein the

coils of said helix are substantially rigid.

15. The hanger assembly of Claim 13, wherein the coils of said helix are resilient.

16. The hanger assembly of Claim 12, wherein said hanger means includes a hook carried by said posterior coil.

17. A hanger assembly comprising:

a strand having a finite diameter and formed into  
a helix, and

engagement means carried by said helix; and

a substrate having an opening for receiving said  
strand therethrough.

18. The hanger assembly of Claim 17, wherein said  
strand is resilient.

19. The hanger assembly of Claim 17, wherein said  
strand is substantially rigid.

20. The hanger assembly of Claim 17, wherein said  
hanger means includes a hook carried by said helix for  
receiving and holding a selected object.

21. A method of securing a selected object to a selected substrate, said method comprising steps of:

forming a strand of material into a helix having an engagement means at one end thereof; and

creating an opening in said substrate for receiving said strand therethrough.

22. The method of Claim 21, wherein the step of forming includes the sub-step of configuring said strand into a hollow tapered helix having an anterior coil and a posterior coil.

23. The method of Claim 22, wherein the step of creating includes the sub-step of sizing the opening in said substrate to receive said anterior coil therethrough.

24. The method of Claim 22, wherein said strand is fabricated of resilient material and said method includes the additional step of compressively receiving said



substrate between coils of said helix.

25. The method of Claim 23, including the additional step of frictionally engaging said helix within the opening in said substrate.